Here Christianity is not merely a source of ethical values or positive behaviors.
It is Jesus, who is the TRUTH and the remedy.





TO KNOW JESUS AND MAKE HIM KNOWN, THROUGH THE POWER OF THE HOLY SPIRIT.



APPOINTMENTS

Thursdays Arden Hills campus **50-minute appointments** starting at:

- 3pm
- 4pm
- 6pm
- 7pm

OUR MISSION

Our mission is to give counsel on the basis of truth as it is in Jesus to meet individual needs, without legalism or judgement.

This service is offered to all who desire clear, simple, truth-oriented, reality-based counseling-without cost.

> Ministering the truth to each person's needs. Truth that sets people free.

OUR STAFF

The counseling staff consists of men and women who have clearly sensed God's call to serve others through this ministry. Each counselor has undergone intensive training that covers psychological and theological understanding as well as spiritual counseling procedures.

The clinic is directed by lay staff under the guidance of Pastor Bob Burmeister. He is a called North Heights Lutheran Church pastor. Pastor Bob oversees the Care & Support aspects of North Heights.

The aim of our counselors is to offer the highest quality counseling services commensurate with their level of training and with the assurance that Christian goals and values govern all procedures.

We protect your confidentiality. Feel free to discuss our confidentiality policy with your counselor. Fach month a document is available to our clients for a medication consultation.

WHERE DO I START?

- 1 If you desire truth-oriented, reality-based counseling, start the process by calling 651-797-7484. Leave us your name, phone number and address.
- **2** We will send you an intake packet.
- **3** Return the completed packet to us in the return envelope provided.
- **4** After we receive the packet, we'll contact you to set up an intake appointment and connect you with a counselor.

